

Summer Challenge 2009 Week 17th June to the 21st August

This time table maybe subject to change due to weather or other circumstances that may arise during the week.

Weekly Time Table

Time	Monday	Time	Tuesday	Time	Wednesday	Time	Thursday	Time	Friday
10,00am	Arrive at Anchor for registration, setting up teams and taking photos. Meeting about the week and reviewing the time table	10,00am	To be at the Anchor 	10,00am	To be at the Anchor 	1,00pm	To meet at the Anchor For 	9,00am	Rise, wash
10,30am	Craft activities start 	11,15am	Craft activities start 		Don't forget list of sports gear		Don't forget list of gear below.	9,15am	breakfast and prep lunches
11,15am	Trip to Howth a Hike on the cliff walk swim and football and crab fishing (bring rod if you have one) 	11,15 am	Trip to Irelands Eye, leave for Dart 	10,15am	Depart for Nullamore, Milltown by Bus and Luis for adventure sports day 	1,30pm	Leave for over night camp to Ballyknocken Adventure Centre Laurel Lodge 	9,30am	Clean up. Followed by wash up and cleaning of house. Move gear out of house, load bus with gear 
12,30pm	Arrive at Howth and walk cliff walk to cove	12,30am	Depart for Ireland Eye. Trip to Island will be by boat 	11,30,am	Sports and games begin, Football league, Basket ball, Tennis, 	3,00 pm	Learn how to Canoeing on the lake with Avon-Ri Centre Bless Lake. Lunch 	11,00 am	Followed by Adventure trip. and games at the Lake 
1,00pm	Swim. Fishing & exploring the sea shore, Lunch 	1,00pm	On the Island we will have a football match and a swim on the beach, and Fishing 	1,00pm	Lunch 	5,30pm	Leave for Laurel Lodge Short talk on Rules of the house and area. Check out the house and area	12,00 am	Hiking around Glendalough lakes 
1,45pm	Find the Stone Waterfall and cave and pool research	1,30pm	Lunch 	1,30 pm	Continue sports and adventure games, 	7,30pm	Dinner and cleanup 	1,30 pm	Lunch 
3,15 pm	Depart for trail and Bus 	2,00pm	Hike to the summit of Ireland Eye and see what discoveries you can find. 		Volley ball, fun games 	9,30pm	There will be Manhunt down in the forest. 	2,00 pm	Get ready for bus home 
		2,45 pm	Depart by boat to Howth and Dart to Killester 	2,30 pm	Depart for Luis 	11,00pm	Supper, stories around the fire 	2,15 pm	Leave on Mini bus, to arrive in Anchor, and clean bus and but away gear.
	Return to Anchor between 4 & 5pm	4 & 5 pm	Return to Anchor for 4 to 5pm	4 & 5pm	Return to Anchor for 3 to 4 pm	12,30pm	Bed 	4, & 5 pm	Arrive back at the Anchor End of this Summer Challenge and we hope you enjoyed it.

IMPORTANT INFORMATION ON WHAT TO BRING EACH DAY

- Weather permitting the timetable may be subject to change
- Insure you bring rain gear and suitable footwear for walking.
- Bring lunch for every day
- Swimming gear for most days
- No Mobiles



IMPORTANT INFORMATION ON WHAT TO BRING FOR OVERNIGHT STAY

- Bring an extra t-shirt togs and old runners and Torch
- Leader should be notified of any special or medical needs
- Camouflage gear (not necessary)
- Don't forget rain gear packed lunch for trip down over night stay
- Two set of clothes in case of wettings during activities.
- Sleeping Bag, wash gear,
- Any special dietary needs, suitable boots or runner for hiking
- Remember try to travel as light as possible as you will be carrying it.



Partaking Note: Each person on the summer challenge will be on a team and will receive marks for his progress in activities and team work and there will be a Certificate and prize for the winning team which will be given out on night arranged after the challenge. So it is important to put in a good effort in all aspects of the week.